



ASTRID ACADEMY

English *Program*

English, once and for all.

الإنجليزية، مرة واحدة وإلى الأبد

Two options

GOAL : 3 MONTHS

PROGRAM 1

The basics of the English language

The basics of English, once and for all.

أساسيات اللغة الإنجليزية، مرة واحدة وإلى الأبد

For students starting from almost zero

للطلاب الذين يبدأون تقريباً من الصفر

The basics of English: verb tenses, vocabulary, grammar, written expression, communication, pronunciation.

« I want to learn English. »

GOAL : 2 MONTHS

PROGRAM 2

Communication

Unlock your communication. Be confident.

أطلق العنان لتواصلك وكن واثقاً

For students who already have a base and want to speak fluently

للطلاب الذين لديهم أساس ويريدون التحدث بطلاقة

Conversation, expression, general culture, professional English.

« I already know English, now I want to know how to speak it. »

Unlock your English.

HOW CLASSES WORK

Live sessions حصص مباشرة

All our sessions take place by video call on Google Meet, live with your instructor — never pre-recorded videos.



1 Individual sessions حصص فردية



2 Group sessions (max 4 students) حصص جماعية (أربعة طالب كحد أقصى)

The basics of the English language

The basics of English, once and for all.

For students starting from almost zero

للطلاب الذين يبدأون تقريباً من الصفر

« I want to learn English. »

1

First steps

الخطوات الأولى

Pronunciation and alphabet	النطق والأبجدية
Greetings and introducing yourself	التحيات والتعريف بالنفس
Numbers, "to have", "to be" pronouns, "to be" / "to have"	الأرقام، الضمائر، فعل "to be" و "to have"
Building simple sentences	بناء جمل بسيطة

2

Everyday English

الإنجليزية اليومية

Family, home, everyday objects	العائلة، المنزل، الأغراض اليومية
Food, shopping, the human body	الطعام، التسوق، جسم الإنسان
Weather and seasons	الطقس والفصول
Daily activities	الأنشطة اليومية

3

Building your sentences

بناء الجمل

Word order and sentence structure	ترتيب الكلمات وبناء الجملة
Prepositions and pronouns	حروف الجر والضمائر
Asking questions and negation	طرح الأسئلة والنفي
Simple connectors	أدوات الربط البسيطة

4

Essential tenses

الأزمنة الأساسية

Simple present and present continuous	المضارع البسيط والمستمر
Simple past	الماضي البسيط
Future: going to / will	المستقبل: going to / will
Each tense practiced orally	ممارسة كل زمن شفهاً

5

Start communicating

بداية التواصل

Introduce yourself, talk about your family	التعريف بالنفس، الحديث عن العائلة
Talk about your likes and your day	الحديث عن الأذواق واليوم
Talk about the past and your plans	الحديث عن الماضي والمشاريع
Describe a person or a situation	وصف شخص أو موقف

6

Reading & comprehension

القراءة والفهم

7 beginner texts with vocabulary	7 نصوص للمبتدئين مع المفردات
Comprehension questions	أسئلة الفهم
Reading aloud	القراءة بصوت عالي
Oral summary	التلخيص الشفهي

Communication

I already know English, now I want to speak it.

For students who already have a base and want to speak fluently للطلاب الذين لديهم أساس ويريدون التحدث بطلاقة

« I already know English, now I want to know how to speak it. »

1

Unlock the conversation

كسر حاجز الحديث

Natural conversation

Conversation templates

Open questions, keeping a chat going

Natural expressions

2

Talk about yourself

التحدث عن الذات

Introduce yourself naturally and professionally

Talk about your studies and your work

Talk about your goals

Talk about your experiences

3

Develop your expression

تطوير التعبير

Tell a story, describe a situation

Give your opinion, explain an idea

Debate and argue a point

Speak for several minutes on a topic

4

Public speaking

التحدث أمام الجمهور

Take the floor, capture attention

Structure a presentation

Speak without reading

Handle questions

5

General culture & discussion

الثقافة العامة والنقاش

Debates on current topics

Social media, travel, remote work...

Being able to talk about it in English

7 intermediate texts, from summary to debate

6

Professional English

الإنجليزية المهنية

Jobs, companies, responsibilities

Professional vocabulary

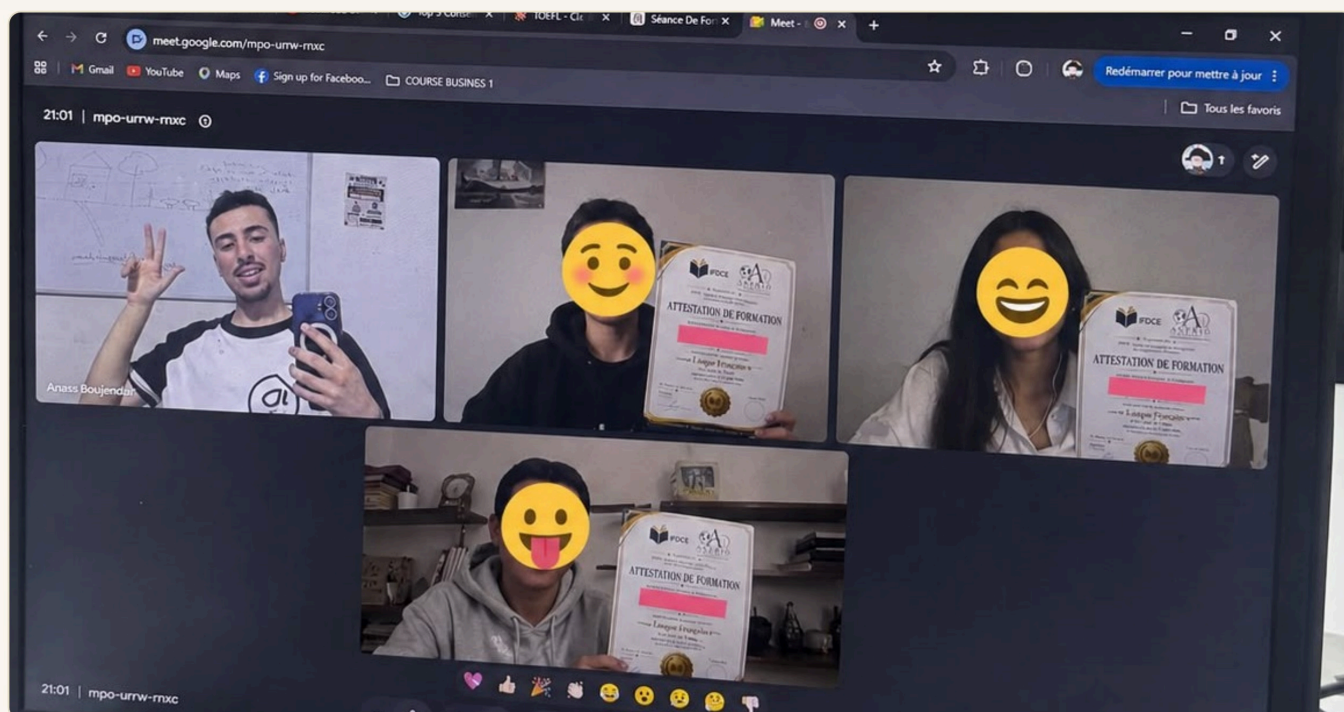
Writing your CV

Job interview simulation

THEY DID IT

Join our certified students

Every bootcamp ends with a certificate — concrete proof of the progress made.



Our students, certificate in hand, at the end of their training

THEY TRUST US

What our students say

★★★★★

« I can now handle a full meeting
in English without stressing. »

— Yassine, 27, engineer

★★★★★

« I finally dared to speak in class
without fear of mistakes. »

— Sara, 24, student

★★★★★

« The one-on-one sessions really
helped me progress fast. »

— Imane, 31, HR manager

★★★★★

« My instructor is patient — I
gained confidence in a few weeks. »

— Nour, 22, aspiring architect



Certificate at the end of the training

At the end of the program, every student receives a **Training Certificate**, awarded in partnership with IFDCE — Institute of Training, Skills Development and Excellence. Concrete recognition of the progress made.

شهادة في نهاية التكوين، تُمنح بشراكة مع معهد IFDCE

YOUR INSTRUCTOR

A team committed to your progress



Anass Boujendar

DIRECTOR — ASTRID ACADEMY

A communication coach and founder of Astrid Academy, Anass has spent several years guiding Moroccan and international students toward real fluency in French and English.

Every program is designed, supervised and delivered by a dedicated team of instructors, ensuring each session runs smoothly — from the first contact through to the final certificate.

Our commitment: personalized coaching, live sessions (never pre-recorded videos), and a team present at every step to make sure you're truly progressing.

147

STUDENTS TRAINED

100%

LIVE SESSIONS



OFFICIAL PARTNER

Learn the basics in 3 months and communicate in 2 months

تعلم الأساسيات في 3 أشهر وتواصل في شهرين

OPTION 1 • PREMIUM

Individual sessions

حصص فردية

900 DH / month

- 2 sessions per week
- 1h30 per session
- Fully adapted to the student's own pace
- Dedicated instructor follow-up

OPTION 2

Group sessions

حصص جماعية

MAX 4 STUDENTS / GROUP

450 DH / month

- 2 sessions per week
- 1h30 per session
- Friendly, motivating peer dynamic
- Personalized follow-up maintained

2

SESSIONS / WEEK

حصص / أسبوع

1h30

PER SESSION

لكل حصة

12h

PRACTICE / MONTH

ممارسة / شهر

Course materials, exercises and personalized support included throughout the training.

الدعائم التعليمية والتمارين والمواكبة الشخصية متضمنة طوال مدة التكوين.

Ready to start?

مستعد للبدء؟

Reserve your spot now and come discover the Astrid Academy method.

احجزوا مكانكم الآن وتعرفوا على منهجية أكاديمية أستريد.



Language matters more than you think.

اللغة أهم مما تتخيل



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Instagram



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Rabat, Morocco